## Heathytut deals

February 28－March 26， 2024


Splash into spring savings


Harmless Harvest
Organic Coconut Water
$\$ 429$
16 oz


Uncle Matt＇s Organic
Organic Orange Juice
（selected varieties）
\＄629
52 oz


Farmer＇s Market Organic Pumpkin

$150 z$

## Kerrygold

 Butter\＄429
8 oz


32 oz
Lily＇s
Chocolate Baking Chips
（selected varieties）
$\$ 599$
$90 z$


Canyon Bakehouse Gluten Free Bread
\＄549
18 oz

## Bob＇s Red Mill

Almond Flour
${ }^{\text {s } 849}$
16 oz


Daiya
Deluxe Mac \& Cheese
(selected varieties)


## \$379

10.6 oz

Muir Glen
Organic Tomatoes
(selected varieties)

## 2/\$4

28 oz


Lotus Foods
Rice Ramen
(selected varieties)
$\$ 169$
2.8 oz

Crown Prince Natural Smoked Oysters
(selected varieties)


3 oz

Muir Glen
Organic Pasta Sauce (selected varieties)

2/\$6
23.5 oz

Maya Kaimal
Organic Everyday Dal (selected varieties)

$\$ 349$
10 oz
San-J
Organic Tamari Soy Sauce
\$449
10 oz

## Creamy Tomato Pasta

25-35 MIN • SERVES 4-6 • VEGETARIAN

## INGREDIENTS

1-pound orecchiette pasta
(or sub your favorite pasta)
3 tablespoons olive oil
1 small yellow onion, diced
3 large garlic cloves, minced
28 ounces canned diced tomatoes
1 teaspoon dried oregano

## DIRECTIONS

1 Cook pasta based on package instructions. Drain and set aside.
2 Meanwhile, heat oil in a large skillet over medium heat. Add onion and sauté until onions are translucent. Add garlic and cook for another minute.
3 Add tomatoes, oregano, thyme, chilies, salt and black pepper.
Bring to a gentle simmer for 10 minutes.
4 Remove tomato sauce from the heat and fold in heavy cream, parmesan, and pasta.

Once Again Nut Butter Organic Tahini


EPIC
Snack Strip
(selected varieties)

## 4/\$5

0.8 oz


UNREAL
Chocolate Bars

3.4-4.2 OZ

Siete
Grain Free Cookies



## \$699 \$699 <br> 25 oz

## Good Health <br> Avocado Oil Potato Chips



Larabar
Fruit \& Nut Bar
(selected varieties)


Newman's Own Sandwich Cremes
(selected varieties)

## \$479



13 oz


FINE FOODS, LLC.

For over 40 years, Bubbies has created pickles, sauerkraut, relish, and horseradish using family recipes and real ingredients. Whether you are recreating meal traditions or crafting fresh takes on classic foods, you can trust timeless quality-because only the best comes from Bubbies kitchen.

## 4/\$5

0.44 oz

Pamela's
Pancake \& Baking Mix

$\$ 749$
24 oz

Birch Benders
Organic Pancake \& Waffle Mix (selected varieties)


14-16 oz
Simply Organic Organic Ground Cinnamon


Yogi
Tea
(selected varieties)


2/\$7
16 ct


Let's Do...Organic Organic Coconut Flakes


Enjoy Life Foods Chocolate Chips (selected varieties)


9-10 oz


32 oz
Zevia
Zero Calorie Soda

## $\$ 549$ <br> 

6 ct
Wholesome
Organic Powdered Sugar


Peter Rabbit Organics Organic Baby Food Pouch (selected varieties)
\$159
4-4.4 oz
GT's
Organic Alive
Ancient Mushroom Elixir
(select varieties)
2/\$5
16 oz
Vita Coco
Coconut Water
(selected varieties)

500 ml



## nutpods

Dairy-Free Creamer (selected varieties)

## \$279

11.2 oz


Put some spring in your culinary creations with Organic Valley. High quality, delicious dairy that is ethically sourced from small organic family farms. This is dairy you can feel good about.

## Curry Beet Salad

4 HRS 20 MIN • SERVES $4 \cdot$ GLUTEN-FREE, VEGETARIAN

## INGREDIENTS

2 pounds red beets 2 ounces baby arugula
$1 / 2$ cup walnuts, toasted $1 / 2$ cup crumbled feta or 2 ounces herbed goat cheese

## DIRECTIONS

1 Preheat oven to $350^{\circ}$ F. Place whole beets in a deep baking dish and cover with water. Cover and bake for 2-4 hours or until beets are knife tender, depending on the size of the beets.
2 When beets are tender, drain and submerge in cold water. Remove skins and set aside to cool completely.
3 To prepare salad, chop beets and place in a mixing bowl. Add arugula, walnuts, and feta or goat cheese. Whisk together avocado oil, rice vinegar, honey, curry powder, and salt. Pour over salad and toss. Adjust seasoning to taste and serve.
$1 / 3$ cup avocado oil 3 tablespoons rice vinegar 1 tablespoon honey $1 / 2$ tablespoon curry powder
$1 / 4$ teaspoon sea salt

## Califia Farms <br> Better Half Creamer



Almond Breeze
Almondmilk
64 OZ

## Organic Valley Organic Feta Cheese

\$479


## 8 oz

Green Valley Creamery Organic Lactose-Free Cream Cheese
\$349
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## MYOKOS

Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy-using time-honored techniques and the finest ingredients to make our awardwinning, phenomenally vegan, plant-milk butter and cheese.

Feel Good Foods Gluten Free Egg Rolls


Perfect Bar
Organic Protein Bar
(selected varieties)


## 2/\$5

2.3 OZ


Miyoko's Organic Cultured Vegan Butter

Miyoko's Organic Vegan Mozzarella


8 OZ


Van's
Waffles


8-9 oz
Cosmic Bliss
Organic Dairy-Free Frozen Dessert (selected varieties)

## \$529

14 OZ

Forager Project
Organic Cashewmilk Yogurt (selected varieties)
$240 Z$

Vital Farms
Pasture-Raised Large Eggs


12 ct
Bonafide Provisions
Organic Bone Broth
(selected varieties)


Immaculate
Organic Cinnamon Rolls

17.5 oz

## GoodPop

Organic Frozen Pops
(selected varieties)



We are committed to providing you with access to natural and organic foods at a great price. With Everyday, you can always save big on the products you rely on-from frozen fruits and veggies to pantry staples.

## Spring baking made easy



Prices may vary by location


Proud member of INFRA.
As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.


